

# BVCC Lent Bingo\*

40 activities to consider doing as a family during the Lenten season

## 2021

Give up television and internet for a day (or a whole week or weekend!)	Genuinely compliment someone who isn't expecting it	Donate a bag of food to a local church or charity	Make a giving box and collect change throughout Lent to donate	Plan a simple meal and talk as a family about how to help the hungry	Pray for people living in your community	Ask forgiveness from someone that you have wronged
Volunteer some of your time to help at church, school or home	Read the book of Mark together as a family	Clean up a mess that someone else made (without complaining)	Thank someone who has been a positive influence in your life	Do something healthy to take care of the body God has given you	Clear your mind of other things and sit quietly with God	Do something to help the earth
Listen to worship music as you do a task that you've been putting off	Give up candy or snacks for a day (or a whole weekend!)	Clean your room	Pray for political leaders in our city, province and country	Memorize Scripture	Read the book of James together as a family	Donate a bag of things that are still nice, but that you no longer use
Do a craft, piece of art, or creative project that glorifies God	Pray for good things for someone who has been unkind to you	Send an encouragement note to your Sunday School teacher (past or present)	Write a card for an elderly friend or relative who has been alone through the pandemic	Choose a family you know and anonymously send them a meal through a delivery app	Pray for people at work or at school	Make cookies and give them to someone you would like to encourage
Read Psalm 63 as a family and talk about what it means to you	Do another family member's chores for a week!	Take a walk outside and thank God for the beauty in nature...even if it's cold!!	Make a meal for another family who is overwhelmed and could use the support	Get up 15 minutes earlier than usual to pray for the day ahead	Have a device-free family game night and invite another family over	Shovel snow for someone else on your street
Pray for people who don't know about Jesus	Watch a movie together as a family with no phones as a distraction	Invite family or friends to Good Friday or Easter Sunday service at church or host a viewing party	Have a family meal together and share what each person is thankful for	Write a letter to someone you don't see very often and send it in the mail	BONUS: Hug your parents and tell them how much you love them	BONUS: Hug your siblings and tell them how much you love them

\*Play this as a bingo game – either do a line, a square, blackout and so on. Decide as a family what the reward will be when you accomplish your goal.